
Updated 9/14/21

CYC Hours

CYC hours for children are 9:00 a.m. to 4:00 p.m. Families should make every effort to drop off children at CYC between 9:00 a.m. and 9:30 a.m., and to pick up children between 3:30 p.m. and 4:00 p.m. If you cannot drop off your children during these windows, children can be either dropped off or picked up between 12:15 p.m. – 12:30 p.m daily.

Drop Off and Pick Up Procedures

Families will come into the building to drop off children. Anyone ages 2 and above, regardless of vaccination status, entering the building to drop off or pick up a child, should wear a mask. Drop off and pickup will occur at the classroom doors. Families should bring as few people as possible to drop off and pickup (i.e., only one adult in the building per child). Drop offs and pick ups should be kept brief.

Illness of a child

In light of COVID-19, CYC must maintain strict protocols in order to maintain safety for children. We are counting on CYC families to keep children who are ill at home. Attached is the chart from the Maryland State Department of Health and Maryland State Department of Education that dictates what childcare programs must follow in case a child exhibits COVID symptoms. A more detailed explanation of this process can be found at https://earlychildhood.marylandpublicschools.org/system/files/filedepot/3/covid_guidance_full_080420.pdf.

In the case that your child gets sick while at CYC, it is more important than ever that someone is available to pick them up in a timely manner. While we have enhanced safety protocols in place for a child who gets sick while at CYC, all families should have someone who can get to CYC within 30 minutes to pick up a sick child. This is for the protection not only of that child, but the other teachers and children at CYC.

“Pods”

A large part of CYC’s COVID-19 protocol is based on the idea of “pods.” Children will only be interacting with teachers and children in their “pod.” A “pod” will be two classrooms that share a bathroom. There are three pods: Red and Orange; Green and Yellow; Blue and Purple. Please be mindful of this. It is important to consider protecting your “pod.” We are asking that everyone observe safe COVID-19 protocols outside of school to protect your pod.

Masks

Staff members at CYC will be wearing masks. Children should also wear masks. We do understand that wearing masks can be difficult for young children, so we ask that you practice this at home with your children. There are times when children will not need to wear masks (lunchtime, naptime, and outside when they are able to maintain social distancing). Fully vaccinated CYC staff will have the option to remove their masks on the playground when able to maintain social distancing.
Items from home

Please minimize items that are being brought from home. There should not be backpacks. The only items that should be sent from home on a daily basis is lunch, and on a weekly basis is nap bedding.

Snacks and lunches

CYC will provide a morning snack (no afternoon snack). For lunch, children may bring a reusable lunchbox. We do ask that you clean the lunch box daily. CYC can refrigerate items that need to be kept cold, and we will provide milk for lunch. We are not able to heat up lunches.

Nap bedding

Nap bedding should be sent in clean each Monday. On Fridays, nap bedding will be sent back home and should be laundered over the weekend. Families should send in a bag that can be fully closed in which to keep the nap bedding at CYC during the week. Bedding should be fully enclosed in this bag, such as a bag with a zipper closure or a jumbo, zip-top bag.

Family Service Points

CYC is suspending the requirements for families to earn service points during our COVID-19 operations.

Birthday Celebrations

While teachers and classrooms will continue to celebrate birthdays of children in the classroom through activities like special songs and books, at this families are asked not to send in special treats to distribute to the class on birthdays.
### Recommendations for Close Contacts of the Person with Symptoms

- **All close contacts** should quarantine for 14 days after exposure according to MDH and local guidance. If known exposure may return when quarantine completed according to criteria in the [Community Spread Phase Guidance](#).

<table>
<thead>
<tr>
<th>Close Contacts</th>
<th>Person Who Tested Positive for COVID-19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post 90 days &amp; asymptomatic</td>
<td></td>
</tr>
<tr>
<td>Vaccinated, no fever, &amp; feel well</td>
<td></td>
</tr>
<tr>
<td>All close contacts should quarantine according to MDH</td>
<td></td>
</tr>
<tr>
<td>Close contacts do not need to quarantine</td>
<td></td>
</tr>
<tr>
<td>Close contacts do not need to quarantine</td>
<td></td>
</tr>
</tbody>
</table>

### Person with Symptoms

- **COVID-19 test positive:**
  - SDH and local guidance.
  - Criteria in the [Community Spread Phase Guidance](#).

- **COVID-19 test negative:**
  - SDH and local guidance.
  - Criteria in the [Community Spread Phase Guidance](#).

### Recommendation for the Person with Symptoms

- **NOT FULLY VACCINATED**
  - Self-exclusion.

### Decision Aid: Exclusion and Return for Persons with COVID-19 Symptoms and Close Contacts

- For the purposes of this decision aid, **COVID-19 Symptoms** are any one of the following: Fever of 100.4° or higher, sore throat, cough, difficulty breathing.

- **COVID-19** diagnosis and testing by a health care provider.

- Complete symptoms according to CDC guidance:
  - Fever of 100.4° or higher, cough, difficulty breathing.
<table>
<thead>
<tr>
<th>Symptom Status</th>
<th>Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post 90 days (and asymptomatic)</td>
<td>Close contacts do not need to quarantine.</td>
</tr>
<tr>
<td>Persons with symptoms</td>
<td>Reducing medication and improvement of other symptoms. If known exposure, may return when it has been at least 10 days since symptoms first appeared and no new fever for 24 hours without fever-reducing medication.</td>
</tr>
<tr>
<td>Persons with a positive test or COVID-19-like symptoms</td>
<td>Network diagnosis is not indicated, return to COVID-19-like symptoms. Should have written health care provider assessment and COVID-19 test.</td>
</tr>
<tr>
<td>Close contacts who were previously infected with COVID-19 and recovered</td>
<td>Follow CDC guidance.</td>
</tr>
<tr>
<td>Close contacts do not need to quarantine.</td>
<td>Close contacts do not need to quarantine.</td>
</tr>
<tr>
<td>Close contacts do not need to quarantine.</td>
<td>Close contacts can return when symptoms have improved, no fever for at least 24 hours without fever-reducing medication.</td>
</tr>
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<td>Close contacts do not need to quarantine.</td>
<td>If known exposure, may return when it has been at least 10 days since symptoms first appeared and no new fever for 24 hours without fever-reducing medication.</td>
</tr>
<tr>
<td>Close contacts do not need to quarantine.</td>
<td>Close contacts can return when symptoms have improved, no fever for at least 24 hours without fever-reducing medication.</td>
</tr>
<tr>
<td>Person has symptoms and negative test for COVID-19</td>
<td>Person has symptoms and negative test for COVID-19.</td>
</tr>
<tr>
<td>Person has symptoms and positive test for COVID-19</td>
<td>Person has symptoms and positive test for COVID-19.</td>
</tr>
<tr>
<td>Person has symptoms and reduced test for COVID-19</td>
<td>Person has symptoms and reduced test for COVID-19.</td>
</tr>
</tbody>
</table>

**Recommendations for close contacts of the person with symptoms:**

- Fully vaccinated:
  - No symptoms: Close contacts do not need to quarantine.
  - Symptoms: Reducing medication and improvement of other symptoms. If known exposure, may return when it has been at least 10 days since symptoms first appeared and no new fever for 24 hours without fever-reducing medication.

- None vaccinated (or who do not know vaccination status):
  - If exposed, get tested as soon as possible and self-quarantine for 14 days, unless tested negative.
  - If not exposed, self-monitor for symptoms and notify health department if symptoms develop.

- All close contacts should quarantine according to MDH guidelines.

**Child care, schools, and youth camps decision aid:**

- Exclusion: All persons (child, care, etc.) with COVID-19 symptoms and exposure to a person with COVID-19 should be excluded from school, care, or the activity.
- Return: Persons who have been asymptomatic for at least 7 days and have tested negative for COVID-19 within the past 48 hours may return.

**Symptoms to monitor:**

- New onset of fever, cough, or shortness of breath.
- New or worsening of any pre-existing medical condition.
- Difficulty breathing.

**Notes:**

- Symptoms should represent a change from baseline.
- For the purposes of this decision aid, COVID-19 symptoms are defined as any of the following:
  - Fever of 100.4 °F or higher
  - Cough
  - Difficulty breathing

- Persons who have a history of COVID-19 should be monitored for symptoms for 14 days post exposure.

- If symptoms develop, notify the school or child care provider immediately.

- Follow local and state guidelines for isolation and quarantine.