

---

<b>COURSE</b>	EDCP108B Section 0201
<b>INSTRUCTOR</b>	Dr. Kimberly Bethea
<b>OFFICE</b>	2202 Shoemaker Building
<b>INSTRUCTOR E-MAIL</b>	kbethea@umd.edu
<b>PHONE</b>	301-314-7680
<b>TERM</b>	Fall 2017
<b>CREDITS</b>	1
<b>MEETING TIMES</b>	Online: October 9 – December 11, 2017

### **Course Description and Objectives**

EDCP 108B is designed to empower you to become a more active, strategic learner, both in college and in life. The content is based on well-researched brain-based learning strategies that, if used correctly, will help you to become a more successful student. By examining your prior and current learning strategies, you will be encouraged to make wise choices to create new pathways for growth now and in the future.

This section of EDCP 108B is an **online** class and taught during the second half of the semester. As such, you are expected to be self-motivated and take personal responsibility for your learning. You will be expected to read, view PowerPoints, watch videos, and prepare for class on your own. There might be worksheets and/or quizzes, in addition to the course assignments that you'll need to complete after reading and/or watching a video, so that you have the opportunity to demonstrate your learning. Expect to spend between 3-4 hours per week on this class. To be most successful in the online environment, you should schedule time each day to do the work for EDCP 108B.

To see if you are ready to learn in the online environment, you can take the following assessment: [http://www.butte.edu/distance/assess\\_online.html](http://www.butte.edu/distance/assess_online.html). If your score is below 25 you may need to adjust your learning strategies to successfully complete this course.

### **Textbook**

Downing, Skip. ON COURSE: Strategies for Success in College and in Life (8th Ed.), 2017 Wadsworth, Cengage Learning. ISBN: 9781305397477

You are required to purchase this textbook using this particular ISBN number. If you buy a different edition of the textbook, you will not be able to engage in all the online course activities. You can see purchasing details on Testudo (go to <https://ntst.umd.edu/soc/201708/EDCP> and click the textbook icon in the EDCP108B section). You can also purchase the textbook from the publisher at <http://www.cengagebrain.com/shop/search/9781305397477>. If you purchase the book from some other source, be sure not to purchase any related Mindtap access.

### **Course Canvas Site**

Our course Canvas site ([www.elms.umd.edu](http://www.elms.umd.edu)) will be the venue for our class. Modules are included for each week of the course that provide directions and materials for the week. Get in

the habit of checking the site **at the beginning of each week** as important announcements may be posted. All your work will be submitted via Canvas.

**Course Objectives:**

Throughout this course, we will work towards achieving the following objectives:

***Taking charge of your life:*** You will learn how to accept personal responsibility and gain more control over the outcomes and experiences that you create in both college and life.

***Increasing self-motivation:*** You will learn to create greater inner motivation by, among other things, discovering your own personally meaningful goals and dreams.

***Improving personal self-management:*** You will learn numerous strategies for taking control of your time and energy, allowing you to move more effectively toward reaching your goals.

***Developing interdependence:*** You will learn how to develop mutually supportive relationships with people who will help you achieve your goals, and whom you can assist to achieve theirs. You will learn more about yourself within the context of being a member of the University of Maryland community.

***Increasing Self-awareness:*** You will learn to understand and revise self-defeating patterns of behavior, thought, and emotions. You will identify your learning preferences in order to use study strategies that will work for you. In addition, better self-understanding will help you to make wise choices to lead to success in college and in life.

***Maximizing your learning:*** You will learn to develop your own learning system and master effective study skills. You will learn how to raise your grades in college by improving essential skills, such as active reading, note-taking, studying, and taking exams.

***Developing emotional intelligence:*** You will learn how to use your emotions in order to support your goals and dreams and to make wise decisions that will help you stay on course.

***Believing in yourself:*** “The foundation of anyone’s ability to cope successfully is high self-esteem. If you don’t already have it, you can always develop it.” (Virginia Satir)

**Learning Outcomes**

As a result of participating in this class, students will:

**Identify and apply the Wise Choice Process to their college experience**

Important concepts include: Wise Choice Process, Victim/Creator Language, Self-Talk, and Accepting Responsibility

**Describe and develop self-management strategies for achieving academic success**

Important concepts include: Time Management, Procrastination, Motivation, Goal

Setting, and SMART Goals.

**Explain interdependence and identify helpful campus resources**

Important concepts include: Academic Policies, Career Exploration and Resources, and Building a Network of Support.

**Identify their personal approach to learning and implement a personal set of learning strategies that will lead to success and life-long learning**

Important concepts include: Active Learning, Study Skills, Exam Preparation and Exam-Taking Skills, and Brain-Based Learning

**Identify personal strengths and growth edges**

Important activities include: Writing journals and reflections, and pre- and post-self-assessment results

**Course Integrity**

The University has a nationally recognized Honor Code, administered by the Student Honor Council. The pledge, approved by the University Senate, reads: "I pledge on my honor that I have not given or received any unauthorized assistance on this assignment/examination." The Pledge should be handwritten and signed on all tests in this course. In conjunction with the University's Code of Academic Integrity, allegations of academic dishonesty will be reported to the Honor Council. As a student, you are responsible for upholding these standards. Be aware of consequences of cheating and facilitation of academic dishonesty. More information can be found at [www.studenthonorcouncil.umd.edu](http://www.studenthonorcouncil.umd.edu).

**Accommodations for Students with Disabilities**

Students with disabilities are encouraged to contact the instructor so reasonable accommodations can be made to assist learning and evaluation in the class. In addition, students should contact the Accessibility and Disability Service (ADS) to document their disability and identify appropriate accommodations. ADS (301-314-7682) provides a variety of services to students with disabilities; staff is available to consult with students at any time ([www.counseling.umd.edu/ads/](http://www.counseling.umd.edu/ads/)). It is the student's responsibility to notify the instructor at the beginning of the semester of any documented disabilities.

**Students in Need of Assistance**

The University of Maryland offers a variety of services for students in need of either educational or psychological assistance. **Learning Assistance Service (LAS)** offers services and programs on writing skills, study and time management skills, and math learning skills. LAS also offers a range of handouts available online. If you need other educational services or support, please contact your instructor for additional resources.

If you are experiencing personal stress that is interfering with your ability to succeed, please consider contacting the **Counseling Center's Counseling Service** or the **Mental Health Service**

at the **University Health Center** for an appointment. The Counseling Center also offers on-line resources on a series of topics.

Learning Assistance Service  
2202 Shoemaker  
301-314-7693  
counseling.umd.edu/LAS

Counseling Service  
1<sup>st</sup> Floor, Shoemaker  
301-314-7651  
counseling.umd.edu

Health Center, Mental Health Service  
2<sup>nd</sup> Floor, University Health Center (across  
from the Stamp Student Union)  
301-314-8106  
www.health.umd.edu/mentalhealth

### **Class Attendance**

Since this is an online class, the University's normal attendance policy does not apply. You can do each week's work at your own pace and at your own time, however, all activities and assignments must be completed and/or submitted by the deadline to receive credit for that week's module. Your "attendance" is measured by the work that you complete each week in the online modules.

In the event that you do have any extenuating circumstances (including illness) that might make it difficult for you to complete that week's work please get in touch with the instructor. Keep in mind that you have the entire week to complete that week's work.

### **Religious Observations**

Because we are a diverse community and enroll students with many spiritual beliefs, we will be sensitive to students' requests for excused absences and make-up test requests due to reasons of religious observances. Be mindful that it is the student's responsibility to inform instructors of any intended absences for religious observances in advance. Notice should be provided as soon as possible. Because of the online nature of the class and your ability to structure your own schedule, these requests will not normally be granted. However, I will work with you to help you plan out your work that week.

### **Course Evaluations**

CourseEvalUM will be open for students to complete their evaluations at the end of the semester. Students can go directly to the website ([www.courseevalum.umd.edu](http://www.courseevalum.umd.edu)) to do so. Students will be alerted via their official University e-mail account when the website is active for this semester.

### **Course Cancellations/Delays**

Similarly, since this is an online course, you are expected to do the assigned work, even if the University is closed or there are delays due to inclement weather or emergencies. Listen to the news, call the university, or check the university website ([www.umd.edu](http://www.umd.edu)) for any cancellations or delays due to inclement weather or emergencies. You may also sign up for the free university text messaging system, UMD Alerts, and receive text messages with alerts such as cancellations or delays. ([alert.umd.edu](http://alert.umd.edu)). When in doubt, you can contact the instructor for clarification.

### **Course Requirements**

Below is an overview of the assignments you are responsible for throughout the semester.

**Detailed instructions along with a scoring rubric** for each assignment are provided on the course ELMS site. **Complete all assignments as directed in the assignment instructions on**

**the course ELMS site.** You are encouraged to ask questions about these assignments early and often. Please note assignment due dates. There will be a **10% deduction for each day an assignment is late.** Assignments will **not be accepted beyond one week of the due date.** Assignments must be saved in **Microsoft Word or pdf format and submitted via the course ELMS site.** Please do not email assignments. All assignments **must be typed** except the schedule portion of the Time Management assignment.

1. Weekly Discussions (7 points/week - 42 points total) (Except for modules 1, 5, 9 and 10)  
The heart of our online classroom will be in our weekly discussions in Canvas. After you complete the required reading and video viewing for the week, you'll respond to questions on the week's work. You will be responsible for answering each question with thoughtful, original answers; in addition, you will reply to at least two other classmates' posts to keep the discussion moving forward. You must **respond to the questions by Thursday evening at by 11:59 pm and reply to classmates' posts by Sunday evenings by 11:59 pm.** A rubric is available that shows how your online discussions will be graded.
2. Module Quizzes (7 points/module (1, 5, 9 & 10) – 28 points total)  
Brief online quizzes are provided to assess understanding of the readings for Modules 1, 5, 9, and 10.
3. Pre-Assessment and Reflection (20 points).  
Honest self-awareness of your strengths and growth edges is an important part of college success. In order to understand yourself, you'll be doing a self-assessment at the beginning of our class in order to see where you stand related to the different principles for college success.
4. Time Management Assignment – Part 1 & 2 (25 points)  
Managing your time in college is one of the most crucial tasks for being successful. This is especially important if you are an athlete and have responsibilities to your coach, trainer, and team; or if you are working off campus or have other responsibilities that you must balance with your academic load. You will complete several time management activities and write a reflection.
5. Campus Resources Assignment (20 points)  
You will use one of the many campus resources and write a reflection about the experience.
6. Exam Analysis (20 points)  
You will analyze their preparation for and performance on a recent exam.
7. Post-Assessment and Reflection (20 points)  
Just as you did a self-assessment at the beginning of our class, you will now do a self-assessment as our class is drawing to a close. This will give you a chance to reflect on what you have learned about the principles for college success during our class.

8. Final Success Portfolio (50 Points)

Instead of a final exam, you are to develop an electronic course portfolio to demonstrate your learning in the course. You will select an appropriate electronic tool (Video, Website, Prezi or PowerPoint) to display your portfolio. The selected electronic tool should be one that is accessible by anyone using a standard computer and software. That is, it does not require the purchase of special software to access it.

**GRADING:** The final grade will be determined by points. There is a total of 225 points to be earned in this course.

<b>A+</b>	<b>218-225 points</b>	<b>C+</b>	<b>173-179 points</b>	<b>F</b>	$\leq 134$ points
<b>A</b>	<b>209-217 points</b>	<b>C</b>	<b>164-172 points</b>		
<b>A-</b>	<b>202-208 points</b>	<b>C-</b>	<b>157-163 points</b>		
<b>B+</b>	<b>195-201 points</b>	<b>D+</b>	<b>150-156 points</b>		
<b>B</b>	<b>186-194 points</b>	<b>D</b>	<b>141-149 points</b>		
<b>B-</b>	<b>180-185 points</b>	<b>D-</b>	<b>135-140 points</b>		

<b>Assessment</b>	<b>Points</b>	<b>Due Date</b>
Weekly Discussions	42	Weekly Initial post by each Thursday at 11:59 pm Replies to two classmates by each Sunday at 11:59 pm
Module Quizzes	28	Weekly for modules 1, 5, 9, and 10
Pre-assessment and Reflection	20	October 15, 2017
Time Management Project – Part I	10	November 5, 2017
Time Management Project – Part II	15	November 12, 2017
Campus Resources Assignment	20	November 12, 2017
Exam Analysis	20	November 19, 2017
Post-assessment and Reflection	20	December 3, 2017
Final Success Portfolio	50	December 10, 2017

**The instructor of the course reserves the right to amend the topics, schedule, and/or assignments of the course. You will be notified of any changes.**

**Outline of Course**

<b>Date</b>	<b>Topic</b>	<b>Readings/Assignments Due – Review the module instructions/details in ELMS.</b>
<b>Week 1: 10/9-10/15</b>	Course Introduction	<ul style="list-style-type: none"> <li>• Read the course syllabus</li> <li>• View the “Introduction_EDCP108B” PowerPoint</li> <li>• <b>Pre-assessment and Reflection Due</b></li> </ul>
	Module 1: Getting On Course to Your Success	<ul style="list-style-type: none"> <li>• Downing Chapter 1 and pages 261-267</li> <li>• View the “9 Best Scientific Study Tips” video</li> <li>• <b>Module 1 Online Quiz</b></li> </ul>
<b>Week 2: 10/16-10/22</b>	Module 2: Accepting Personal Responsibility	<ul style="list-style-type: none"> <li>• Downing Chapter 2 and pages 268-273</li> <li>• <b>Wise Choice Activity p. 61</b></li> <li>• <b>Discussion Questions</b></li> </ul>
<b>Week 3: 10/23-10/29</b>	Module 3: Brain-Based Learning	<ul style="list-style-type: none"> <li>• View the “Learning Brain” video and watch the “How to Get the Most out of Studying” Videos*</li> <li>• <b>Discussion Questions</b></li> </ul>
<b>Week 4: 10/30-11/5</b>	Module 4: Discovering Self-Motivation	<ul style="list-style-type: none"> <li>• Downing Chapters 3 and pp. 274-281</li> <li>• View the “One Student’s Story” and “Not Taking Skills” videos</li> <li>• Schedule Campus Resources Appointment</li> <li>• <b>Discussion Questions</b></li> </ul>
	Module 5: Mastering Self-Management	<ul style="list-style-type: none"> <li>• Downing Chapters 4 and pp. 282-289</li> <li>• View “How to Manage Your Time Better and “How to Stop Procrastinating” videos</li> <li>• <b>Time Management Part I assignment Due</b></li> <li>• Begin Time Management Part II</li> <li>• Schedule Campus Resources Appointment</li> <li>• <b>Module 5 Online Quiz</b></li> </ul>
<b>Week 5: 11/6-11/12</b>	Module 6: Employing Interdependence	<ul style="list-style-type: none"> <li>• Downing Chapters 5 and pp. 290-296</li> <li>• <b>Time Management Part II Due</b></li> <li>• <b>Discussion Questions (be sure to do the campus scavenger hunt and rehearsal strategies exercise)</b></li> </ul>
	Module 7: Gaining Self-Awareness	<ul style="list-style-type: none"> <li>• Downing Chapters 6 and pp. 297-306</li> <li>• View the “7 Effective Test Taking Tips” video</li> <li>• <b>Campus Resources Assignment Due</b></li> <li>• <b>Discussion Questions</b></li> </ul>
<b>Week 6: 11/13-11/19</b>	Module 8: Adopting Life Long Learning	<ul style="list-style-type: none"> <li>• Downing Chapter 7 (complete the learning preference inventory) and pages 307-315</li> <li>• Watch Ted Talk “The Danger of a Single Story”</li> <li>• <b>Exam Analysis Assignment Due</b></li> <li>• <b>Discussion Questions</b></li> </ul>
	Module 9: Developing Emotional Intelligence	<ul style="list-style-type: none"> <li>• Downing Chapter 8</li> <li>• Watch Ted Talk “Don’t Eat the Marshmallow”</li> <li>• <b>Module 9 Online Quiz</b></li> </ul>
<b>Week 7: 11/27-12/3</b>	Module 10: Understanding Academic Policies	<ul style="list-style-type: none"> <li>• View “Academic Policies PowerPoint”</li> <li>• Review the Registration Guide</li> <li>• <b>Module 10 Online Quiz</b></li> </ul>
	Module 11: Staying On Course to Your Success	<ul style="list-style-type: none"> <li>• Downing Chapter 9</li> <li>• <b>Post-assessment and Reflection Due</b></li> <li>• <b>Discussion Questions (optional)</b></li> </ul>
<b>Week 8: 12/4-12/10</b>	Submit course portfolio	<ul style="list-style-type: none"> <li>• <b>Final Success Portfolio Due</b></li> </ul>

**Optional Videos:**

**How the Human Brain Works**

[www.youtube.com/watch?v=9UukedU258A](http://www.youtube.com/watch?v=9UukedU258A)

**How the Brain Works – Part 3 (UCLA)**

[www.youtube.com/watch?v=DEThAMabLQM](http://www.youtube.com/watch?v=DEThAMabLQM)

**Brain Rules**

<http://brainrules.net/brain-rules-video>