



## PROJECT 1

# We Are Special



### **Goal**

Children develop healthy social connections and a strong sense of self as they identify the strengths, interests, and emotions of themselves and others.

### **What**

During *We Are Special*, children learn how to identify their emotions and be helpful and kind to others.

### **Why**

When children are able to respect and value others' differences, they can form positive relationships and a positive self-identity.

### **Community**

Children practice key social-emotional skills: cooperation, empathy, active listening, and turn taking.

### **Family**

Family members support their child's self-help and social-emotional skills in the classroom and at home.