**PROJECT 1**  
**We Are Special**

**Goal**
Children develop healthy social connections and a strong sense of self as they identify the strengths, interests, and emotions of themselves and others.

**What**
During *We Are Special*, children learn how to identify their emotions and be helpful and kind to others.

**Why**
When children are able to respect and value others’ differences, they can form positive relationships and a positive self-identity.

**Community**
Children practice key social-emotional skills: cooperation, empathy, active listening, and turn taking.

**Family**
Family members support their child’s self-help and social-emotional skills in the classroom and at home.