

Curriculum Vitae

Personal Data

Name:	Melanie Bunz (née Wieschmann)
Date and place of birth:	22.08.1992 in Bonn
Address:	Husemannstr. 13, 58452 Witten
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Study and Training

Since 09/2023	in the additional qualification for child and adolescent psychotherapy, Mental Health Research and Treatment Center for Mental Health (German abbreviation FBZ), Ruhr University Bochum
10/2017 – 03/2023	Training as a psychological psychotherapist, CBT, AFKV Gelsenkirchen Final grade: 1,3 (GDA: 3,6)
10/2015 – 09/2017	Master of Science Clinical Psychology, Ruhr University Bochum Final grade: 1,1 (GDA: 4,0)
10/2011 – 08/2014	Bachelor of Science Psychology, Dresden University of Technology Final grade: 1,6 (GDA: 3,4)
2004 – 2011	General higher education entrance qualification, Gymnasium Oedeme, Lüneburg Final grade: 1,9 (GDA: 3,3)

Work Experiences

Since 06/201	Research associate and doctoral candidate at the Chair of Clinical Child and Adolescent Psychology, Ruhr University Bochum 2019 – 2025 Study coordinator in the multicenter project "ProChild" funded by the German Federal Ministry of Education and Research
09/2024 – 12/2024	Research stay University of Maryland, College Park, USA
04/2023 – 07/2024	Coordinator of vocational teaching and deputy head of the outpatient clinic of the Master's program in Clinical Psychology and Psychotherapy, Ruhr University Bochum
08/2019 – 11/2022	Psychotherapist in training in an outpatient teaching practice for psychotherapy
11/2018 – 06/2019	Work in the Central Psychological Diagnostics, LWL Clinic Dortmund, Germany
05/2018 – 06/2019	Psychotherapist in training at the LWL Clinic Dortmund Department of Addiction Medicine - Alcohol and Drug Dependence
10/2017 – 04/2018	Psychotherapist in training at the MediClin Clinic for acute psychosomatics and rehabilitation center at Hahnberg, Bad Wildungen, Germany
03/2017 – 10/2017	Research assistant at the Chair of Clinical Child and Adolescent Psychology, Ruhr University Bochum
10/2016 – 03/2017	Research assistant at the Chair of Clinical Psychology and Psychotherapy, Ruhr University Bochum

Teaching Activities

Summer semester 25	Seminar Clinical Diagnostics: Diagnostic interviews for adults Supervision of 14 Master's theses on the topics: Thermography for measuring emotion regulation, praise in mother-child interactions as a function of maternal psychopathology, evaluation of the short version of the clinical diagnostic interview for children (Mini-Child-DIPS)
Winter semester 24/25	Teaching assistant Lecture Context of Poverty: Neighborhoods and Racism/Discrimination, Honors College, University of Maryland, College Park, USA
Since 06/2024	Lecturer at the Munich University Institute for Child and Adolescent Psychotherapy Training, MUNIK at LMU Munich, seminar clinical diagnostic interview for mental disorders in infants (Infant-DIPS)
Summer semester 24 + 25	Supervision of 8 Master's theses on the topics: Feasibility study on an online emotion regulation task for children and adolescents, use and acceptance of diagnostic interviews, qualitative evaluation of the vocational teaching concept Summer semester 25
Winter semester 23/24	Professional qualification II, basic skills in psychotherapy (interviewing, diagnostics, group therapy, suicide assessment, legal framework, psychotherapeutic relationship)
Summer semester 23 + 24	Professional qualification II, extended competencies in psychotherapy (psychoeducation, crisis intervention, behavioral observation, cognitive techniques, exposure, relaxation techniques)

Publications (published)

Kranhold*, A. L., Neuhoff*, L., **Bunz, M***, Derhardt, R., Schreiber, F., Popp, L., Kulisch, L.K., Schneider, S., Christiansen, H. & Totzeck, C. (2025). Die Helikopter-Eltern der Forschung: Wie Datenschutzgesetze und Bürokratie den Zugang zu Forschung und Behandlung für Kinder, Jugendliche und ihre Bezugspersonen erschweren. *Kindheit und Entwicklung*.

* shared first authorship

Bunz, M., Schomberg, J., Stahlkopf, L., Schaeper, C., Reckelkamm, S., Jost, J., Veronese, P., Rittmann, J., Sommer, K., Thoma, P., Schneider, S., & Lippert, M.W., (2025). Das Bochumer Konzept der Fallseminare und Therapieassistenzen: Anwendung neuer Behandlungsmodelle über die Lebensspanne im Rahmen der Berufsqualifizierenden Tätigkeit-III im Masterstudiengang Klinische Psychologie und Psychotherapie. *Zeitschrift für Klinische Psychologie und Psychotherapie*

Publications (under review)

Precht, L.-M., Schopf, K., **Bunz, M.**, von Brachel, R., Kinzenbach, L., Pflug, V., Brailovskaia, J., & Bartnick, C. (unter Begutachtung). The Relationship of Life Satisfaction, Worries, and Media Use: A Representative Study in Germany. *BMC Public Health*

Bunz, M., Derhardt, R., Schreiber, F., Seehagen, S., & Schneider, S. (unter Begutachtung). Methods of Emotion Regulation in Children and Adolescents: A Systematic Review and Quality Assessment of Behavioral Observations, Physiological Measurements and Theoretical Embedding. *Perspectives on Psychological Science*

Conference Contributions

Bunz, M., Derhardt, R., Seehagen, S. & Schneider, S. (2025). Emotionsregulation bei Kindern von Müttern mit einer Borderline-Persönlichkeitsstörung: Interventionseffekte des Elterntrainings „Borderline und Mutter sein“ (Teilprojekt 2 des BMBF-Projekts „ProChild“). Symposium Das Projekt "ProChild": erste Ergebnisse einer Multicenter-Studie. Presentation at the 4th German Psychotherapy Congress, Berlin.

Bunz, M., Derhardt, R., Seehagen, S. & Schneider, S. (2025). Prävention psychischer Auffälligkeiten bei Kindern von Müttern mit einer Borderline-Persönlichkeitsstörung. Symposium Elterntrainings in Forschung und Praxis. Presentation at the 4th German Psychotherapy Congress, Berlin.

Derhardt, R., **Bunz, M.,** Seehagen, S. & Schneider, S. (2024). Mental Health and Emotion Regulation in Children of Mothers with BPD. Subproject 2 of the BMBF project ProChild. Conference of the European Society for the Study of Personality Disorders, Antwerp.

Derhardt, R.*, **Bunz, M.***, Seehagen, S. & Schneider, S. (2024). Psychische Gesundheit und Emotionsregulation bei Kindern von Müttern mit einer Borderline-Persönlichkeitsstörung. Symposium Borderline und Mutter sein: Elternschaft im Wechsel zwischen Licht und Schatten. Erste Ergebnisse aus der Multicenter-Studie „ProChild“. Presentation at the 3th German Psychotherapy Congress, Berlin.

*shared talk

Wieschmann, M., Derhardt, R., Seehagen, S., & Schneider, S. (2023). Waiting Task: Emotion Regulation Task for children from six months to six years. Poster at the conference of the Institute for Health and Development of the Ruhr University Bochum.

Wieschmann, M., Derhardt, R., Seehagen, S., & Schneider, S. (2023). Emotion Regulation in Young Children of Mothers with Borderline Personality Disorder. Poster at the Emotions Conference, Tilburg University.

Derhardt, R., **Wieschmann, M.,** Zentner, M., Seehagen, S. & Schneider, S. (2023). Measuring Infant Temperament – Validation of an Age Adapted Version of the ICTI. Poster at the Emotions Conference, Tilburg University.

Wieschmann, M., Derhardt, R., Seehagen, S., & Schneider, S. (2023). Emotion Regulation and Mental Health in Children of Mothers with Borderline Personality Disorder. Poster at the 2th German Psychotherapy Congress, Berlin.

Derhardt, R., **Wieschmann, M.,** Zentner, M., Seehagen, S. & Schneider, S. (2023). Temperamentfassung bei jungen Kindern – Validierung einer altersangepassten Version des Inventars zur integrativen Erfassung des Kind-Temperaments. Poster at the 2th German Psychotherapy Congress, Berlin.

Invited Talks

Bunz, M., Derhardt, R., Seehagen, S. & Schneider, S. (2024). Emotion Regulation in Children and Adolescents: Aspects of Transgenerational Transmission. Presentation at the Department of Human Development and Quantitative Methodology, University of Maryland.

Bunz, M.*, Derhardt, R.*, Seehagen, S., & Schneider, S. (2024). How does mental health and emotion regulation develop in children of mothers with borderline personality disorder? - Preliminary results of the ProChild-Study. Presentation at the Research Colloquium Personality Psychology, Ruhr University Bochum.

*shared talk

Wieschmann, M.*, Derhardt, R.*, Seehagen, S., & Schneider, S. (2024). Mental health and emotion regulation in young children of mothers with borderline personality disorder. Presentation at the Research Colloquium of Developmental Psychology, Bielefeld University.

*shared talk

Wieschmann, M., Derhardt, R., Seehagen, S., & Schneider, S. (2023). Emotionsregulation und psychische Gesundheit bei Kindern und Jugendlichen: ein systematisches Review und Einblicke in die ProChild-Studie. Presentation at the Research Colloquium of Developmental Psychology, Ruhr University Bochum.

Current Research Projects

Thermography as a new method for measuring emotion regulation in babies and toddlers

Comparison of emotion regulation, socialization, reciprocity and praise in German and American mother-child dyads of different socioeconomic and ethnic backgrounds

Systematic review of the definition and quality of methods for assessing emotion regulation in children and adolescents

Improving access to research and treatment in clinical child and adolescent psychology

Qualitative and quantitative evaluation of the new Master's program of the Chair of Clinical Psychology and Psychotherapy

Development and evaluation of the "Mini-Child DIPS" diagnostic interview

Memberships

Since 2023	Deputy member of the Committee on Child and Adolescent Psychotherapy of the "Aufbruch - für eine selbstbewusste Psychotherapie!" parliamentary group - NRW Chamber of Psychotherapists
	Associate member of the German Psychological Society (DGPS), Clinical Psychology Section, Developmental Psychology Section, Family Psychology Interest Group
	Associate member of the Early Career Scientists (ECS), German Center for Mental Health (DZPG)
	Reviewer Project International PR.INT Research School, Ruhr-University Bochum
Since 2020	Member of the DBT network, LWL-Klinik Hemer, Hans-Prinzhorn-Klinik

Scholarships/Grants

Fulbright Doctoral Scholarship - Research stay at the University of Maryland, College Park, USA
September to December 2024 (€ 8.500)

Independence Grant Early Career Scientists (DZPG) – Funding for the employment of a research assistant (together with Dr. Christina Bartnick: € 1.399,20)

Since September 2024: Funding through the mentoring³ program, career development for young female scientists, Research School, Ruhr University Bochum

Languages and Additional Qualifications

English	fluent in written and spoken language
Spanish	fluent in written and spoken language

Trained in the coding manual "Coding Interactive Behavior" (CIB, Feldman, 1998)

Trained in conducting diagnostic interviews (DIPS, Kinder-DIPS, CAPS-5, SKID-IV, SKID-5, KERF-40-I)

Volunteer Work

08/2023 – 11/2023	Organization of the Children's Art Prize 2023 at the FBZ, Ruhr University Bochum
08/2021 – 05/2023	Coordination of the student interns at the FBZ, Ruhr University Bochum
09/2014 – 09/2015	Development volunteer service (weltwärts) in Puebla, Mexico, funded by the Federal Ministry for Economic Cooperation and Development (BMZ)