

Claire Wray  
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## EDUCATION

- 2016                      Master of Social Work (MSW)  
                                The University of Maryland, Baltimore (UMB)  
                                Primary concentration: Clinical Social Work  
                                Specialization: Child, Adolescent, and Family Health  
                                Secondary concentration: Macro Social Work  
                                GPA: 4.17
- 2014                      Bachelor of Science (B.S.)  
                                The University of Maryland, College Park (UMD)  
                                Major: Psychology  
                                Minor: Teaching English to Speakers of Other Languages  
                                GPA: 3.64  
                                Major GPA: 3.40

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## RESEARCH INTERESTS

My research interests include young children, their development and the parent-child relationship. Specifically, I am interested in children's emotional regulation, factors present during infancy that led to dysregulation issues later in childhood and the impact of the parent-child relationship on children's development, especially in minority families.

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## RESEARCH EXPERIENCE

Intern Research Assistant  
Family Involvement Lab in the Department of Human Development and Quantitative Methodology at the University of Maryland  
2024-Present

Responsibilities: I worked under the supervision of three principal investigators, Pinar Karan, M.S., Rumeysa Cetin, Jialing Wu, M.S., Miaofan Chen, M.S., and Angelica Alonso, Ph.D. I coded videos of parents asking their young children to clean up toys after a play session, contributed to the development of the coding scheme used to code the videos, will contribute to the poster presentation and will co-present at the National Council on Family Relations' annual conference. My responsibilities included coding parent interviews by extracting factors that motivate their parenting behaviors. I practice my oral communication skills by presenting articles that are relevant to past or current studies in the lab as well as studies in the lab that are in progress. I contributed to a systematic review and co-authored a manuscript on parental

playfulness. I will contribute to the data collection of an investigation that will explore the effect of three- to five-year-olds having a number, symbol or non-symbol in the middle of a number line. Specifically, this study will explore the effects on early abilities in numerical cognition.

#### Undergraduate Research Assistant

Child and Family Development Lab in the Department of Psychology at the University of Maryland

2013-2014

Responsibilities: I worked under the supervision of two principal investigators, Bonnie Brett, Ph.D. and Jacquelyn Gross, Ph.D., to assist them with their attachment research project during their graduate studies. Their projects that I assisted with included their study on the role of the caregiver-child dyad and analysis of the observations from an attachment perspective. My specific responsibilities included obtaining consent from participants for the research study, administering study materials to children and parents using the research script, entering data from the study into a data base system referred to as SPSS and reviewing literature from related studies in order to prepare for group discussion with other research assistants. I assisted with the overall coordination of the study using the strange situation method in the form of a knock on the door to alert the parent to exit the room in order to leave the child alone as well as when to return to the room. I was a team-player in learning the measures needed to maintain confidentiality and privacy of participants' data. I volunteered to assist with data collection during the summer, which involved traveling to Kennedy Krieger's research lab in Baltimore, MD. I also completed CITI research training to begin this research assistant position, and I have updated my CITI research training as of September 2023.

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## PUBLICATIONS AND PRESENTATIONS

Wu, J., Cabrera, N. J., Wray, C., Walz, J., Figueroa, E., & Alonso, A. (2025, November). *Mothers' and Fathers' Socialization Strategies: Associations with Children's Compliance and Noncompliance* [Poster presentation]. National Council on Family Relations (NCFR) Annual Conference, Baltimore, MD, United States.

Manuscript In preparation: Karan, R.P., Cabrera, N.J., Trivedi, R., Wray, C., & Bunz, M. (2025). Parental playfulness and children's development in ethnically diverse families. To be submitted to *The Oxford Handbook of Playfulness*.

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## PROFESSIONAL EXPERIENCE

#### Social Work Intern

Center for Infant Studies (CIS)/ PACT Therapeutic Nursery located in Baltimore, MD

2015-2016

Responsibilities: I used assessments, clinical interventions, and education to strengthen the parent-child attachment, reduce the risk of intergenerational mental illness and homelessness, and promote healing. I worked under the supervision of Carole Norris-Shortle, LCSW-C to treat families with children who were ages zero to five and were at risk of being or were homeless or

## Claire Wray – CV

experiencing mental illness and/or psychosocial problems. On clinic days at CIS, I collaborated on a multidisciplinary team of psychologists, psychiatrists, medical students and other social workers to complete intake assessments, diagnose and develop a treatment plan for children and their caregivers. Treatment modalities included play therapy, circle of security parenting groups, mindfulness parenting groups and parent guidance sessions. Supported mentorship of an undergraduate intern by teaching her various techniques used in the program with the children. I observed use of the Facilitating Attuned Interactions (FAN) model with children's parents and helping them to intervene to support their child in organizing their feelings as well as resolve presenting problems.

### Social Work Intern

Synergy Family Services, Inc. located in Hyattsville, MD  
2014-2015

Responsibilities: Under the supervision guidance of Dr. Spencer Simmons, LICSSW, Ph.D. I provided psychotherapy for clients ranging in age from child to adult, entered progress notes into an electronic record keeping system, developed therapeutic goals in collaboration with the client or caregiver, monitored achievement of the goals, and developed strong therapeutic relationships. This supported improved psychosocial and emotional functioning. I also perceived the need for additional information about treating depression for staff and reviewed literature to invent a resource guide to include treatment techniques, diagnosis and the etiology of depression.

### Assistant to Regional Manager

Maryland National Capital Park and Planning Commission (MNCPPC) located at Berwyn Heights, MD  
Summer 2015

Responsibilities: I hired new employees for summer work at the playground camps for children ages 6–12 and safe summer teen camps in Region 3 as well as diffused behavioral issues between staff or between parent and staff.

### IT Office Assistant (Undergraduate Part Time Position)

Technology Services at The Adele H. Stamp Student Union at the University of Maryland  
January 2012 to May 2014

Responsibilities: I increased client satisfaction by providing excellent customer service. I also improved the quality of patron's feedback by redesigning the online survey for patrons of the audiovisual equipment rentals.

### Part Time Camp Assistant Director

Maryland National Capital Park and Planning Commission (MNCPPC) in Greenbelt, MD  
Summer 2014, 2013 and 2012

Responsibilities: I planned and supported the implementation of weekly activities for children ages 6 to 12 years old for the summer. I also supervised daily camp activities, assisted with managing staff during camp activities, enforced Youth Camp Standards, implemented program rules and managed administrative paperwork.

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## WORK EXPERIENCE

### Social Worker, LCSW-C (Clinician)

Adventist Healthcare: The Lourie Center for Children's Social & Emotional Wellness, Parent-Child Clinical Services – Outpatient Mental Health Clinic (OMHC) in Rockville, MD

2018-Present

Responsibilities: I worked at this location as a Licensed Master Social Worker (LMSW) from 2018-2021. In 2021, I became a Licensed Clinical Social Worker-Certified through examination and continued the same duties with increased independence. My responsibilities include: face-to-face individual or dyadic psychotherapy for a caseload of 14 to 15 children who are three to 12 years old with social-emotional difficulties, behavioral health diagnoses or developmental delays using the modality of play therapy or child-parent psychotherapy, evaluate, assess, diagnose, and create initial treatment plans; review treatment plans every six months, and provide parent guidance for their caregivers. Some diagnostic measures I have used include: the child and parent version of the Screen for Child Anxiety Related Disorders (SCARED) and projective measures such as a sentence completion. I collaborate with other clinicians who have been assigned as the therapist for the siblings of a few of my clients for the purposes of case conceptualization and to ensure that our clinical decisions target issues impacting the family's dynamic. I am the on-site clinician for one day per week, providing guidance to clinicians who need support with clients during business hours. Through this position, I have become a Circle of Security Parenting Program (COSPP) facilitator, trained to use the FAN model with parents, and a newly rostered Child Parent Psychotherapy (CPP) provider. CPP is an evidenced-based dyadic treatment for children, birth to six years old, and their caregivers who have experienced trauma. In order to become a CPP provider, I endured an 18-month training program and completed the following requirements: provided CPP for at least four cases until they reach phase two of the treatment, improved my implementation of CPP during 21 consultation calls with Chandra Ghosh Ippen, PhD and Sheryl Jefferson, LCSW-C as the supervisors, attended supervision for CPP only, completed fidelity tools for each CPP case, attended three five-day learning sessions, and presented cases twice during the consultation calls.

### Clinical Coordinator

The Children's Guild: The Guild Group Living Academy – Staffa House in Baltimore, MD

2016-2018

Responsibilities: I worked as a LMSW and provided face-to-face individual, group, and family therapy for eight female adolescent residents of the group home. I created treatment plans and communicated the child's progress in the program by leading a quarterly meeting with other professionals of the child's treatment team to include the child's legal guardians, psychiatrist, house manager, child welfare case worker, and/or the child's attorney. I also maintained each residents' electronic medical and legal record. Through this position, I was trained to implement dialectical behavior therapy for adolescents.

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## PROFESSIONAL AFFILIATIONS

2020-Present

Circle of Security International Parenting Program – Registered Facilitator

## Claire Wray – CV

2015-2016	Behavioral Health Workforce Integration, Service & Education Fellow – a fellowship program to support MSW students with careers providing behavioral health services. As a fellow I received the following: inter-professional educational opportunities, specialized training seminars, focused coursework, and an educational stipend while participating in the program.
2012-Present	Primannum Honor Society
2012-Present	Psi Chi Honor Society
2011-Present	The National Society of Collegiate Scholars

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## HONORS & SCHOLARSHIPS

2011-2014	Dean's List, College of Behavioral and Social Sciences at UMD
2011-2014	A.J. Meushaw Fund Scholarship. Responsibilities: I maintained good academic standing in order to be awarded this scholarship each semester.