Milagros Urioste Resta

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EXPERIENCE

AUGUST 2024 - PRESENT

CLINICAL PRACTICUM AND INTERNSHIP, NICKLAUS CHILDREN'S HOSPITAL

As a clinical mental health practicum and internship student, I am responsible for performing intakes, writing notes, providing individual and group counseling to children age ranging from 6 to 17.

JANUARY 2021 - PRESENT

LAB MANAGER, UNIVERSITY OF MARYLAND COLLEGE PARK

As a lab manager in the Everyday Learning Project, I am responsible for participant recruitment, running data collection, compensating families, as well as ensuring all consent forms are signed for every participant. This project is collaboration with the New York University and the University of Pittsburgh.

MARCH 2022 - SEPTEMBER 2022

SCRIBE, SCRIBE AMERICA AT NICKLAUS CHILDREN'S HOSPITAL

As a scribe at the emergency department in Nicklaus Children's Hospital, I was responsible for recording notes for the physicians, answering patients' non-medical questions and ensuring that the medical record is accurate.

AUGUST 2020 - MAY 2021

LEARNING ASSISTANT, FLORIDA INTERNATIONAL UNIVERSITY

As a learning assistant my responsibility is to aid students with the learning material of the course. I am assisting Dr. Lichter in Analytical Chemistry and Dr. Cifuentes in Genetics.

NOVEMBER 2019 - MARCH 2020

VOLUNTEER. NICKLAUS CHILDREN'S HOSPITAL

Volunteering as a bedside buddy where I play with children who are hospitalized and are unable to leave the hospital and their room due to their condition.

AUGUST 2018 - SEPTEMBER 2020

MEDICAL INTERNSHIP, KEY BISCAYNE PEDIATRICS, KEY BISCAYNE, FL

Internship with Dr. Guevara, where I assist the doctors with vitals, bloodwork, vaccination, as well as, filing and processing patient charts and documents.

MAY 2019 – JUNE 2019

MEDICAL OBSERVER, BAPTIST HOSPITAL

Shadowed Dr. Albrecht at the Miami Cancer Institute for a month. Here I assisted Dr. Albrecht in the field of Oncology and became familiar with Oncology terminology and scans.

EDUCATION

AUGUST 2018 - DECEMBER 2020

UNDERGRADUATE, FLORIDA INTERNATIONAL UNIVERSITY

Major - Psychology; Second Major - Natural and Applied Sciences

Minor - Chemistry

GPA - 3.52

AUGUST 2023-PRESENT

MASTER IN CLINICAL MENTAL HEALTH COUNSELING, LYNN UNIVERSITY

Current GPA - 3.94

Expected graduation - August 2025

PUBLICATION AND POSTER PRESENTATIONS

Chen, Y., Alonso A., McDorman, A., Urioste-Resta, M., Cabrera, N., Tamis-LeMonda, C., Libertus, M. (2022, April 21). Mothers', fathers', and toddlers' code-switching in dual language homes: Relation to children's expressive vocabulary, Cognitive Development Society, Madison, Wisconsin.

Mix, K. S., Alonso, A. C., Lee, J., Urioste-Resta, M., Cabrera, N., Reich, S. M. (2024). Number input in mothers and fathers of 9-Month-Olds. Journal of Cognition and Development, 1–29. https://doi.org/10.1080/15248372.2024.2303760

MANUSCRIPTS IN PREPARATION

Urioste-Resta, M., Karan, P., Cabrera, N., Yang, C., Alonso, A., Mix, K., Reich, S. (In preparation). Mothers' and Fathers' Types of Praise and Math Talk During Toy Play With Their 30-Month Toddlers.

Karan, P., Urioste-Resta, M., Cabrera, N., Yang, C., Alonso, A., Mix, K., Reich, S. (In preparation). Fathers' and Mothers' Praise and Math Talk with Toddlers and Preschooler's Math Abilities.

Mix, K. S., Urioste-Resta, M., Lee, J., Cabrera, N., Alonso, A., Alexander, V. M., Reich, S. M. (In preparation). Number Talk at Home: Quantity, Timing, Language, and Parent Gender.

SKILLS

- Languages: English and Spanish
- Communication
- Critical thinking
- CPR AHA certificate
- Adapting Trauma-focus Treatments

for Culturally Diverse Populations

- Effective time management
- Active listener
- Problem- solving
- Level II background clearance
- Organizational Secondary

Traumatic Stress

- Leadership
- Teamwork
- Strategic planning
- Psychological First Aid

Certificate

Trauma-Informed
Understanding of Bullying