CYC 2020-2021: Family Handbook Addendum regarding COVID-19 protocols

CYC Hours

CYC hours are 9:00 a.m. to 4:00 p.m. Families should drop off students between 9:00 – 9:30 a.m. and pick them up between 3:30 – 4:00 p.m. Part-time families should pick up their children between 12:15 – 12:30 p.m. While drop off and pick up outside of these times are possible, those should be exceptions. For drop off and pick up outside of those times, please ring the front doorbell of the school and an administrator will help you.

Drop Off and Pick Up Procedures

Children will enter and exit through the outside doors of their classrooms. Upon arrival, parents should park in the YC parking lot. Children and parents should line up either along the sidewalk in the parking lot (Yellow, Green, Blue and Purple Rooms) or across in the front lawn by the fence for the playground (Red and Orange Rooms). There are indicators for where to stand in order to maintain proper social distancing. An administrator will be standing by the gate at each location. The administrator will direct you when you can walk back to your classroom. There is a spot for you to wait until the teacher indicates that it is your turn to check in.

At check in, your child’s teacher will ask you a few simple COVID screening questions. You will need to take your child’s temperature with your thermometer and show the result to the teacher. If you are taking the temperature orally, please start this process while you are waiting in order to expedite the process. If you are taking the temperature with an instant read thermometer, you can wait until you step up to the teacher.

At pick up time, an administrator will again be waiting at the gate to greet you. The administrator will help with traffic flow again to the classroom doors to pick up your children. Again, please maintain proper social distancing.

Illness of a child

In light of COVID-19, CYC must maintain strict protocols in order to maintain safety for children. Please understand that we are counting on CYC families to keep children who are ill at home. We must follow a strict process if a child indicates symptoms of COVID. Attached is the flow chart that we must follow in case a child exhibits COVID symptoms. In these cases, we are required to contact our Office of Child Care licensing specialist and our local health department. They will indicate to us what our process must be. A more detailed explanation of this process can be found in the “COVID-19 Guidance for Child Care Facilities” document published by Maryland Departments of Health and Education at https://earlychildhood.marylandpublicschools.org/system/files/fliedepot/3/covid_guidance_full_080420.pdf.

In the case that your child gets sick while at CYC, it is more important than ever that someone is available to pick them up in a timely manner. While we have enhanced safety protocols in place for a child who gets sick while at CYC, all families should have someone who can get to CYC within 30 minutes to pick up a sick child. This is for the protection not only of that child, but the other teachers and children at CYC.
Classroom “Pods”

A large part of CYC’s COVID-19 protocol is based on the idea of classroom “pods.” Children will only be interacting with teachers and children in their “pod.” Please be mindful of this. The children in a pod will be spending all day together, so it is important to consider protecting your “pod.” We are asking that everyone observe safe COVID-19 protocols outside of school to protect your pod.

Masks

Staff members at CYC will be wearing masks. Children should also wear masks. We do understand that wearing masks can be difficult for young children, so we ask that you practice this at home with your children. There are times when children will not need to wear masks (lunchtime, naptime, and outside when they are able to maintain social distancing). All of our mask policies are taken from “COVID-19 Guidance for Child Care Facilities” document published by Maryland Departments of Health and Education at https://earlychildhood.marylandpublicschools.org/system/files/filedepot/3/covid_guidance_full_080420.pdf. Please see this document for further details.

Items from home

Please minimize items that are being brought from home. There should not be backpacks. The only items that should be sent from home on a daily basis are nap bedding and lunch.

Snacks and lunches

Given the shortened day, CYC will provide only a morning snack (no afternoon snack). All snacks will be individually packaged and with disposable wrappers to keep contact with food by others at a minimum. For lunch, we ask that you pack lunch in disposable containers such as paper bags or zip-top bags (classrooms may have specific requests regarding this), and include any disposable utensils that your child might need. CYC can refrigerate items that need to be kept cold, and we will provide milk for lunch. We are not able to heat up lunches. There will be no hot lunch program this year.

Music Class

Music class will still occur. Each class will have music one time per week. Music will be outside of CYC, in the area in front of the building. In the event of inclement weather, and when the weather gets colder, music class will be held via Zoom into the classroom.

Nap bedding

As per Office of Child Care guidance, nap bedding will be sent home each day with each child. A new, clean set of bedding should be sent in each day with each child.

Family Service Points

CYC is suspending the requirements for families to earn service points during our COVID-19 operations.

Birthday Celebrations: While teachers and classrooms will continue to celebrate birthdays of children in the classroom through activities like special songs and books, at this families are asked not to send in special treats to distribute to the class on birthdays.
Decision Aid: Exclusion and Return for Laboratory Confirmed COVID-19 Cases and Persons with COVID-19-like Illness in Schools, Child Care Programs, and Youth Camps

For the purposes of this decision aid, COVID-19-like illness is defined as: Any 1 of the following: cough, shortness of breath, difficulty breathing, new loss of taste or smell, OR At least 2 of the following: fever of 100.4°F or higher (measured or subjective), chills or shaking chills, muscle aches, sore throat, headache, nausea or vomiting, diarrhea, fatigue, and congestion or runny nose.

Person (child, care provider, educator, other staff) with 1 new symptom not meeting the definition of COVID-19-like illness.

Exclude person and allow return when symptoms have improved, no fever for at least 24 hours without fever reducing medication, AND criteria in the Communicable Diseases Summary have been met as applicable. If person develops symptoms of COVID-19-like illness, follow processes below for person with COVID-19-like illness.

An asymptomatic person (child, care provider, educator, other staff) who tests positive for COVID-19.

Person (child, care provider, educator, other staff) with COVID-19-like illness:
- Exclude person and recommend that they talk to their health care provider about testing for COVID-19 or whether there is another specific diagnosis.
- The person should isolate pending test results or evaluation by their health care provider.
- Close contacts of the ill person should quarantine per CDC guidelines.

The asymptomatic person should stay home for 10 days from positive test.

The ill person should stay home at least 10 days since symptoms first appeared AND until no fever for at least 24 hours without fever-reducing medication AND improvement of other symptoms.

Health care provider documents that the person has another specific diagnosis (e.g. influenza, strep throat, otitis) or health care provider documents that symptoms are related to a pre-existing condition.

The ill person should stay home until symptoms have improved, no fever for at least 24 hours without fever-reducing medication, AND criteria in the Communicable Diseases Summary have been met as applicable.

The person should consider being tested/retested for COVID-19 if symptoms do not improve.

Close contacts should stay home for 14 days from the date of last exposure even if they have no symptoms or they have a negative COVID-19 test done during quarantine.

Close contacts DO NOT need to stay home as long as they remain asymptomatic.

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